

ifl Institute for Logosynthesis™

Explore the next floor of the healing high rise!

Phrases to Freedom

3rd Logosynthesis Summer Institute, Bad Ragaz, Switzerland

July 2-5 and 8-11, 2010

Logosynthesis® is a surprisingly effective and elegant approach to guided change – psychotherapy, coaching, and counselling. It is based on the power of words, that ancient instrument for healing and development. Logosynthesis integrates elements of energy psychology, transactional analysis, NLP, psychoanalysis, self-psychology and hypnotherapy in a new, amazing combination.

Swiss/Dutch psychologist, psychotherapist and coach Dr. Willem Lammers first discovered the power of this approach in 2005. Since then he has continuously developed it. He wrote two books on the subject and taught the model in Canada and many European countries.

Logosynthesis creates a unique space for the spiritual dimension of guided change: it helps us to understand personal growth and development as a quality of our deepest human nature. As a method, Logosynthesis applies the age-old power of the word as a new, amazing healing tool, a starting point for surprisingly gentle healing of trauma, addiction, fear and stress symptoms.

Learn more

Introductory article: www.iasag.ch/docs/artikel/intro.logosynthesis.pdf

Book for professionals: *Logosynthesis – Change through the Magic of Words*.

In German: *Logosynthese*. Order through info@iasag.ch.

Self-coaching book: *Phases to Freedom*. Order through www.amazon.com.

In German: *Worte wirken Wunder*, to be ordered through www.amazon.de.

In Dutch: *Wonderen met woorden*, to be ordered through www.amazon.de.

In Italian: *Logosintesi*, to be ordered through <http://www.ibs.it/code/9788863860344/>.

The seminars

The “Phrases to Freedom” Summer Institute contains the following elements:

- 1. Logosynthesis Basic Level, July 2-5**
- 2. Logosynthesis Intermediate Level, July 8-11.**

After Logosynthesis Basic you can also participate in Logosynthesis Intermediate. Trainees who took part in an earlier introduction to Logosynthesis will receive a discount.

We have a two-day break between the seminar blocks to offer you an opportunity to explore and enjoy the amazingly beautiful alpine atmosphere of Bad Ragaz.

The **Basic Level** seminar, July 2-5, now offers a completely new experiential format with the four principles of Logosynthesis, the seven step model for guided change and the basic procedure, presented and exercised in a way that will ease the application in your daily practice. The seminar also offers opportunities to experience Logosynthesis with personal issues within a small group – with the help of an expert. The participants can discuss the theoretical, methodological and strategic aspects of the work with the trainer.

The **Intermediate Level** seminar, July 8-11, also teaches you the application of Logosynthesis in changing destructive beliefs and disturbing emotions. It also offers instruments to fine-tune the timing and the process of your Logosynthesis sessions: the validity of cognitions and ideomotor cuing. The seminar also teaches and trains specific techniques for the activation and focusing of the client’s issues, to facilitate change with the help of Logosynthesis. It also offers supervision on the use of the model. Participants bring cases and questions from their practice in coaching, counselling and psychotherapy.

Trainees

Professional counsellors, coaches and psychotherapist, who want to learn a new, elegant and effective model for guided change. In the first and second Summer Institute, we were happy to welcome participants from ten different countries. That means an excellent learning opportunity and a way to experience the basic training programme in Logosynthesis.

Trainer

Dr. Willem Lammers is a clinical and social psychologist, a psychotherapist, and a consultant to people and organizations. He also certified as a Teaching and Supervising Transactional Analyst (TSTA). In 1987 he founded the Institute für the Application of the Social Sciences ias AG, now in Bad Ragaz, Switzerland, and has a private practice for psychotherapy, supervision and coaching. His teaching activities have taken him to many countries. In his training, practice and teachings, he spent many years on the interface of body, mind and spirit, in systems like transactional analysis, NLP, the Reconnection, the Monroe Institute, Energy Psychology. Logosynthesis® is the result of these explorations.

Venue

Bad Ragaz is an old spa village (www.spavillage.ch/en/welcome.cfm?) in the Rhine valley, with an extremely sunny microclimate at the foot of the Alps. This region became world-famous after the publication of the Heidi story. Spend the holidays between seminars relaxing in the new Tamina Therme, walking in the beautiful Tamina Canyon to the source of

the healing water or walk in the mountains. Bristol house, a former hotel built in 1906, has a very friendly atmosphere. Look at the pictures:

www.iasag.ch/docs/bilder.bristol/ias%20im%20Bristol.html

Travel and stay

You fly to Zurich and take the train to Zurich HB (main station). From there direct trains to Chur stop at the Intercity station Bad Ragaz every hour. You can also take the direct train to Sargans and change trains to Bad Ragaz. Bristol house is located directly across the station.

There are several small and not expensive hotels nearby. See www.spavillage.ch for the details. We especially recommend Hotel Sandi (across the street) and Hotel Rössli (a ten minutes walk). In these hotels you will receive a discount if you mention "ias institute" with your booking.

Seminar fee

Participants from outside Switzerland pay a reduced fee of €690 for each four-day block, to be paid in advance by bank transfer or in cash on location. Swiss trainees pay SFR 1200. If you already visited an introductory seminar, you will receive a €100 discount on the Logosynthesis Basic block. Please consider repeating your introduction to Logosynthesis: Concepts and teaching have been fine-tuned, and experience shows us that many people deepen their insights in the model and the method if they repeat elements of the curriculum.

Application

Please send your seminar application to lammers@iasag.ch

We would be happy to welcome you Bad Ragaz!

Warm regards,

Dr. Willem Lammers, TSTA
Founder of Logosynthesis®