

Dear Reader,

Thanks for your interest in Willem Lammers' and Beate Kircher's amazing book "The Energy Odyssey"

You can download this ebook (264 pages, 1MB) in .pdf for as little as € 6.99.

Download Link:

<http://www.iasag.ch/index.php?id=375>

Psychological problems can get locked into the human energy system. This system, with its subtle energy patterns, can be influenced by stimulating the meridians and chakras known from Traditional Chinese Medicine and other ancient healing schools. These revolutionary discoveries have rapidly started to challenge and change the concepts and methods of traditional psychotherapy and counseling.

In the first week of July 2001, a small group of enthusiastic psychotherapists, counselors and healers, met in Fürigen, near Lake Lucerne, Switzerland, for the First European Conference on Energy Psychology. During three days they engaged in interesting presentations and discussions about this rapidly expanding field.

This book offers a fascinating review of the amazing journey undertaken by these highly competent pioneers.

Willem Lammers is a psychologist, psychotherapist and trainer with a broad experience in many psychotherapeutic schools. He is a founding director of the IAS Institute in Maienfeld, Switzerland. He has been active in the field from 1996 and is one of the first professionals who have practiced and taught energy psychology in Europe.

Beate Kircher is a licensed physical therapist in the Principality of Liechtenstein. She also holds a Master's degree in English and American Studies and Dramatic Sciences. Beate trained in many wholistic approaches, especially shiatzu, Healing Tao, cranio-sacral therapy, and meridian-based approaches. Beate loves to deal with language and meaning.

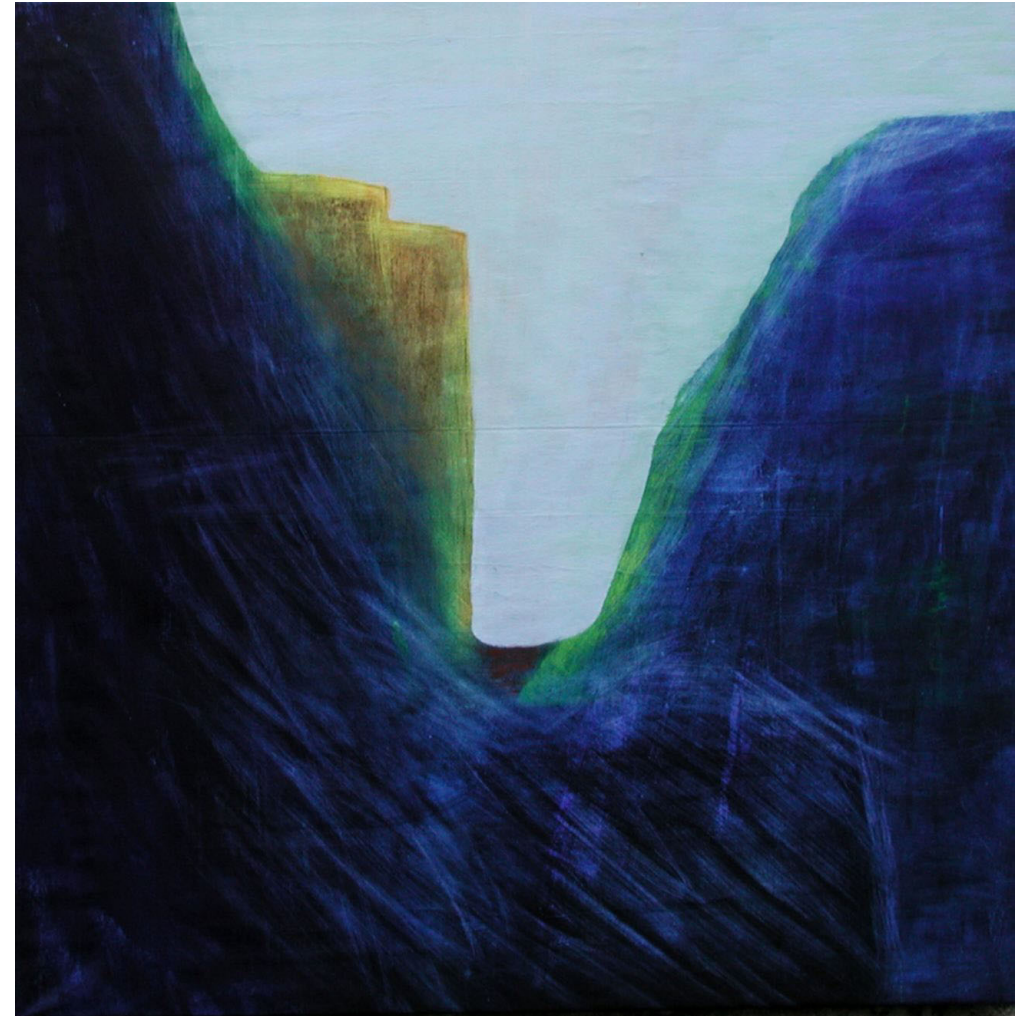
The variety of presentations in this book is amazing. It appears to me that each author has presented a different facet, allowing the reader to get a full appreciation of this jewel called Energy Psychology. I enjoyed and learned from each paper.
– Thomas Narvaez, Ph.D., Registered Hypnotherapist

This book brings you a feast of self-healing approaches that can change your life, as they have changed mine. There is no need to suffer from many anxieties, fears, and old hurts that can take the good taste out of your life. Learn how to release whatever you no longer wish to burden you, releasing the struggles and replacing them with joy and healing.
– Daniel J. Benor, MD, Author, *Healing Research*, Vol. I-IV

This new-old knowledge, this new-old view on health and healing-processes presented in this book, has been needed in the western medicine since a long time. These new tools used with humility, respect, common sense, together with the tools we use today will bring about great possibilities for all.
– Eva Maria Lundell, MD.

The Energy Odyssey

Willem Lammers / Beate Kircher



The Energy Odyssey New Directions in Energy Psychology

Edited by
Willem Lammers and Beate Kircher